

**MOODY BIBLE INSTITUTE  
COUNSELING INFORMATION AND AGREEMENT**

**Our Mission Statement:**

We believe counseling is a powerful opportunity in which you can learn to resolve personal, interpersonal, and/or spiritual difficulties with the assistance of another caring, trained individual. Your counselor will bring to the sessions his/her professional knowledge and experience, and in return, will look forward to your active participation in the process. We encourage you to embrace counseling with a sense of responsibility, affirming with us, that healing ultimately comes by the grace of Christ and through our commitment to such growth.

**Your Rights:**

**Standard of Care:** Every counselee has the right to be treated with dignity and respect, to safety, and to feelings of safety in his/her counseling session. Every counselee has the right to have and express emotions and to be free from abuse and humiliation. Counselees have the right to professional-quality care where confidentiality of services and records is upheld and where the counselee has complete anonymity throughout the course of counseling.

**Nature of Counseling:** At Moody, we seek to create a safe environment where you can work with a trained counselor to address both psychological and spiritual concerns. Sessions with your counselor will normally last 45-50 minutes. You are invited at any time to ask questions about your counselor, his/her methods, and/or the direction counseling is going. You are not obligated to complete a specific number of sessions and may terminate counseling at any time; however, if you have seen your counselor for more than a few sessions, we do encourage you to inform your counselor of your wish to do so, and, ideally, meet with your counselor one more session prior to termination to bring closure to the counseling process. If you have concerns about your counselor, please feel free to contact Tim Hodges, Associate Dean of Counseling Services, at ext. 4198.

**Confidentiality:** Confidentiality is a critical part of your counseling. We will respect and guard your right to maintain the confidentiality of any information you communicate to us, excluding instances in which disclosure is required by law, whenever any life is judged to be at risk, current elder or child abuse, or during supervision or staff consultation. In other instances, we will not disclose any information about you to any third party without prior written authorization.

**Your Responsibilities:**

**Fees:** The first consultation for students and student's spouses are free. After the consultation, students and student's spouses will be required to pay \$5.00 per session. Fees for MBI employees are \$25.00/session. All counselees should either bring exact change or a check made payable to *Moody Bible Institute*, to each session. Student accounts will not be charged because of our commitment to confidentiality,

**Cancellations/Missed Sessions:** If you need to cancel an appointment, you must notify your counselor prior to the morning of the day of your scheduled session. If you fail to notify your counselor, you will be financially responsible for that session, unless you are unexpectedly ill or prohibited from coming by circumstances beyond your control.

I, \_\_\_\_\_, have read and understand the above information and policies of the Moody Bible Institute Counseling Department. In working toward my counseling goals, I agree to abide by the Counseling Department's policies. I understand and agree that MBI Professional Counseling is provided "as is," without a warranty of any kind, either expressed or implied. I agree that use of any or every part of MBI's Counseling Department is entirely at my own risk. Any advice given to me by MBI Professional Counselors is accepted by me at my own risk. Any action or decision I make following counseling is entirely my own responsibility.

\_\_\_\_\_  
Client's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Counselor's Signature

\_\_\_\_\_  
Date